

If you have **COVID-19 symptoms***, please keep these **10 guidelines**



*Major symptoms of COVID-19

fever (37.5°C/99.5°F or higher), cough, difficulty breathing, chills, muscle aches, sore throat, loss of taste and smell, and pneumonia

- 1 Do not go to school or work and avoid going out; stay home and rest.
- 2 When making medical appointments, notify your healthcare provider that you are showing clinical symptoms of COVID-19.
- 3 Monitor if clinical symptoms persist or get worse.
- 4 If fever persists or symptoms worsen,
 - ① Dial the KCDC Call Center at (1333, local area code + 120) or your local health center for inquiries
 - ② Visit a screening clinic and have a health care provider look at you

* When using an ambulance by dialing 119, notify the operator that you show clinical symptoms of COVID-19

- 5 Use a personal vehicle and wear a facemask when visiting a healthcare facility.
- 6 Wash your hands thoroughly with soap and running water for at least 30 seconds.
- 7 Cover your mouth with your sleeve or a tissue when coughing or sneezing.
- 8 Isolate your living space. Always maintain a distance of 2m from family or roommates you live with.
- 9 Do not share your personal items with others.
Use separate towels, tableware, and cellphones.
- 10 Clean and disinfect frequently touched surfaces daily.

“Together, we stand resolute in the fight against **COVID-19**”